# MANIFESTING with the DEMAS

Worksheet

Lynne D Chown

### What is your desire?

Your soul's desire creation should be in one area of your life like a home or purpose work, or job, etc. If you try to mix desires, you may end up with a hybrid of what you wanted. For example, if you mix an intention of finding a new home to live in and another intention of getting a new car, you may end up with what you asked for, an RV. Unless that is what you want, it is better if each intention has its own session.

# **Spiritual Quality**

I will ask you for up to 3 Spiritual Qualities that you would like to use for the spiritual field.

Some examples of spiritual qualities would be: purpose, power to lead, will of God, unconditional love, wisdom, knowledge to heal or educate, intelligent activity, harmony or beauty of nature, devotion to the ideal, ceremony of life or consciousness, but don't limit it to these. It can be just one or more, up to three.

The difference between a spiritual quality and an emotional quality is the spiritual quality is more Divine or Cosmic and seems more general and removed whereas the emotional quality is more personal and close. An example would be the spiritual quality of unconditional love. This would be the love for every soul or for humanity where you don't necessarily want to hangout with them. The emotional quality of love could be romantic love for your mate or maternal love for your children.

# **Mental Quality**

I will ask you what Mental Concept you would like to use for the mental field. This will define your creation for the Devas to give them instructions on what to build—make this clear so they understand what you want. It should be congruent to the spiritual qualities or intentions.

The mental concept would be all the particulars you want to define your creation, stated in the positive or even as affirmations. For example: a low-maintenance home in which my husband and I can live comfortably during our

retirement years with our animals; or a high-frequency mountain home with ten acres of land that I can use for hosting healing retreats; or a job where I will grow spiritually, that is congruent with my life purpose, and where I am earning enough money to support my wife and two children comfortably.

## **Emotional Quality**

I will ask you what High-level Emotions and matching Feeling Tone Vibrations you would like to use for the emotional field. They should be congruent with the spiritual qualities and mental concept.

The emotions will be matched with feeling tone vibrations from your past memories--feeling in to it--with happiness as an emotion, you would remember back to when you felt happy and capture that feeling of happiness to charge your creation with. Some examples are joy, happiness, love, serenity, romance, fun, camaraderie, and safety.

### An Example

As an example of a session for the intention of a meditation garden in my backyard, the spiritual qualities I would choose would be Divine Will, Divine Wisdom, and the Harmony and Beauty of Nature. The mental concept would be a beautiful and harmonious sacred space in my backyard garden for connecting with the Divine Source and the Devas through relaxation, meditation, and communing with nature. The emotional qualities would be joy, serenity, connection, and peace.



Worksheet for your Manifesting with the Devas sessions
What is your soul's desire? Pick only one intention per session:
What spiritual quality do you want your creation to have? Pick up to 3:
Triat opinitual quality at your violation to havor I lok up to of
What mental quality do you want to use? This defines your exection to the devest
What mental quality do you want to use? This defines your creation to the devas:
What emotional quality do you want to use? The matching feeling tone is the charge for your creation: